



Learning Disability Annual Health Checks



Background

Health Checks and COVID vaccinations
Please tell us your views and make a difference

healthwatch
Herefordshire

We are working with Healthwatch to gather the views of people with a learning disability. We want to know what you think about annual health checks and COVID vaccinations.

We want to listen to your views about health checks and COVID vaccinations whether you've had them or if you haven't had them.

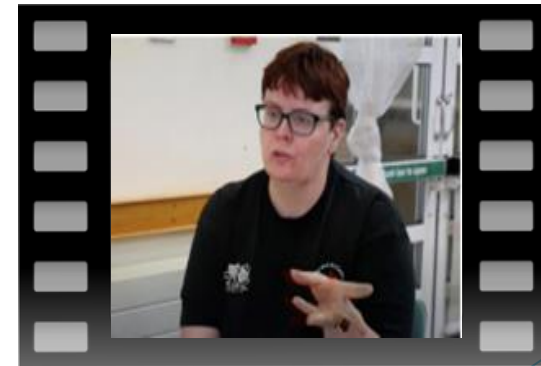
Please have your say by talking to Mary from Healthwatch.
It will take less than 30 minutes.

You can give your views in different ways:

- You can visit Mary at the places listed in the flyer.
- You can talk to Mary on the phone.
- You can contact Mary by email.
- You can fill in an online form.

All you say will be private and confidential. Mary will combine everybody's comments into one report. Individual names will not be in the report.

Your views are important to us.
Thank you for helping to make a difference.



What change was needed & how did we achieve this...

- ▶ 150 people with a learning disability who were either not attending health checks or covid vaccines or both.
- ▶ Our first aim was to understand the reason for attendance & non-attendance, identify barriers and gather insights into effective practices for individuals with learning disabilities.
- ▶ Our second aim was to educate practitioners, improve participation and improve both the experience and health outcomes for patients with learning disabilities.
- ▶ Engaged through a wide range of methods with 40 people with a learning disability
- ▶ Produced a short film to explain the project and encourage engagement
- ▶ Created a second video with the learning disability community explaining the vaccine process

Change Outcomes...

- ▶ Through collaboration we have developed a bi-annual 'Hear our Voices' conference bringing together on average 80 people with learning disabilities to talk about things that matter to them and using this as a platform to understand how they want healthcare to interact with them.
- ▶ We have successfully worked with our learning disability communities sharing the videos to support them and their carers in attending these appointments through confidence building.
- ▶ The videos have been used at system level to share the outcomes from this piece of work, informing primary care services on how to ensure they are meeting the needs of this community through Health Checks.
- ▶ Partners actively working together to enable the recommendations in primary care services.

More than just an outcome...

Libby... one of the film actors shared this:

“Through being part of this piece of work I am now feeling more valued, gaining confidence and have a renewed sense of purpose”

As a result of Libby's participation in this work she has been able to achieve one of her main goals since leaving college which was to secure paid employment - Libby was offered employment with Health Checkers Herefordshire to continue highlighting the positive and tangible impacts work and engagement like this can do to support the Learning Disability in interacting with Healthcare and reducing health inequalities.

Links...

- ▶ **Link to Healthwatch report:**

<https://tinyurl.com/HWHChks2>

- ▶ **Link to Learning disability annual health check film:**

https://www.youtube.com/watch?v=y_X77Xg2CZg

- ▶ **Link to Vaccine film:**

<https://www.youtube.com/watch?v=3ySJtuKql-g>