

Improving life for women on Willow Ward



What was our aim?

• Improve the experiences of women on Willow Ward, the Campbell Centre.

• Make positive changes to their experiences of care, discharge and safety.

What change was needed?

During 170 hours of in-depth conversations with inpatients, we found:

- Language "Paranoid", "Delusional", "It's all in your head"
- Reception staff
- Not enough time spent with inpatients
- No clear plan or support for discharge
- "I'm in individual, not a 'condition'"
- Ward rounds

How did we achieve this?

- Quality Improvement methodology to support Ward staff to implement and track positive changes.
- Our evidence covered staff/ inpatient communication, staff attitudes, sharing information about care plans, admission/discharge, and the Ward environment.
- Independent and trusted.
- Targeted, specific recommendations to achieve impact.

How have people's experiences have been improved?

- Over 80% of staff have completed Trauma Informed Care training and staff have also completed, or signed up to, Personality Disorder training.
- Staggered note-writing times so there are more staff on the ward.
- Dedicated discharge group which has been successful.
- Patient 'one page profile'
- 'Preparing for Ward Rounds' with the Lead Nurse, including guidance and nursing support to get ready.
- Consistently staffed reception.

"There seems to be more staff about, I feel safe on this admission."

"Nurses have been hearing me so I can open up. We can have one-toones in the evenings now and it's been really good."



"It was overwhelming when I come in – it's my first time in a place like this! The nurses were lovely, made me a cup of tea and were very calming."

For more information

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