

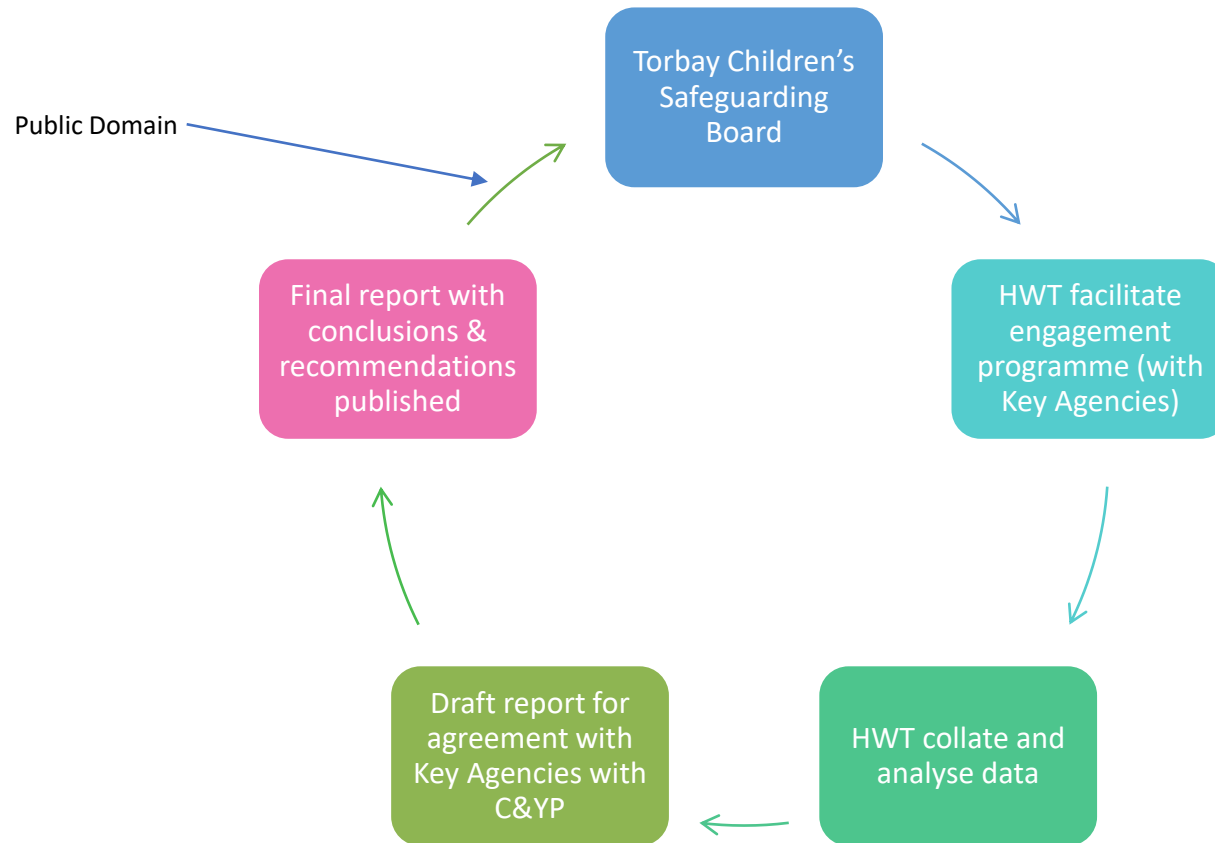


Empowering young people to have their say

**Healthwatch Luton, Healthwatch Torbay and
Healthwatch Northamptonshire**



healthwatch
Torbay



Rationale and Challenges



Methodology

*"What's the point, we keep
saying what we want and
nothing ever happens"*



Recommendations



Key Learning



Devon Partnership
NHS Trust



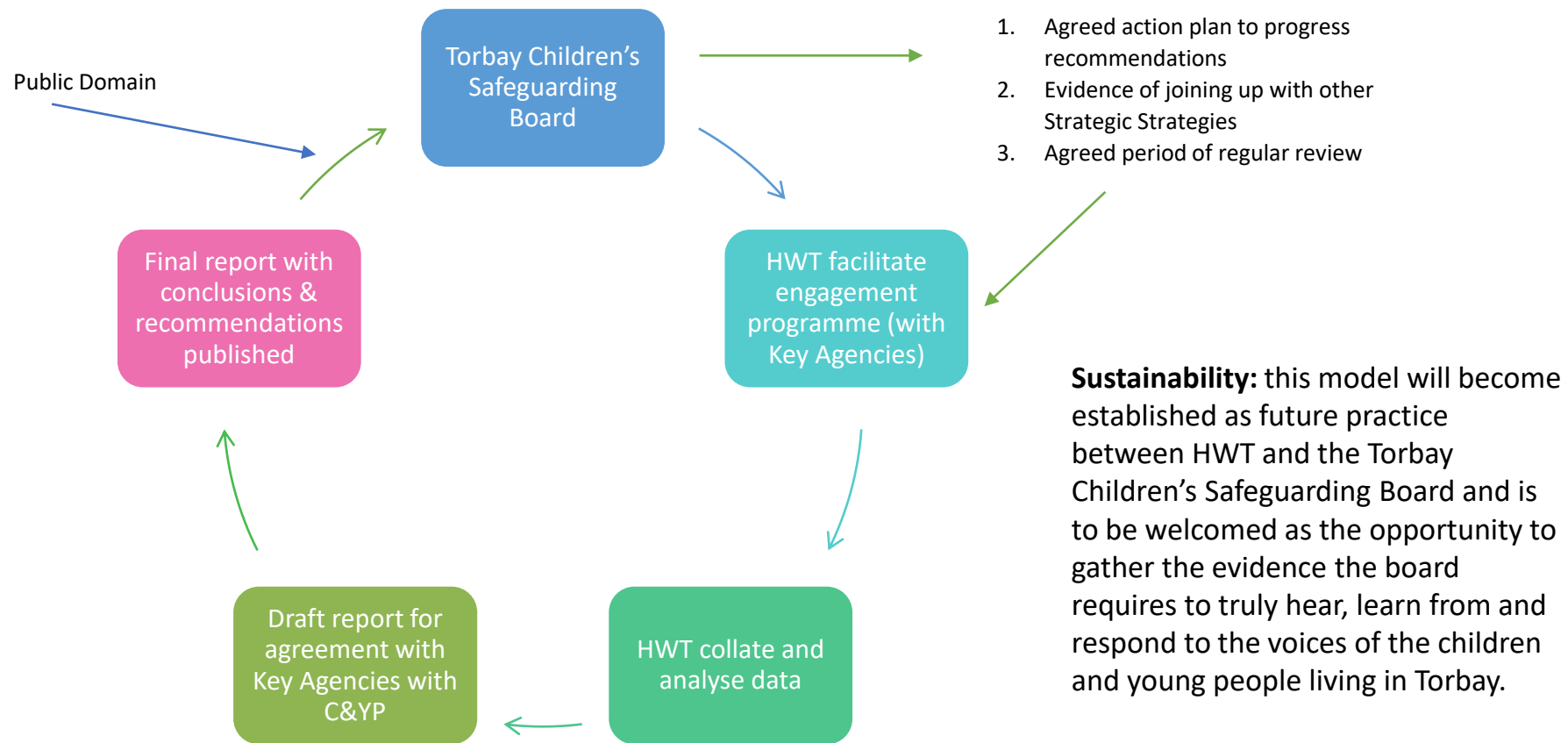
Devon & Cornwall Police

Torbay 
Safeguarding
Children Board



Torbay and South Devon 
NHS Foundation Trust

Impact



The challenge

healthwatch

Luton

Young
voices
count
too



Healthwatch Luton : Luton Young Persons Event

Definition: A youth is a person aged 14 - 25 years old

Youth Forums: Healthwatch Luton spoke with over 200 young people between 2016 - 2018

Highlights of young person's feedback:

- Access to services
- Guidance and rights
- Sexual health
- Mental health
- Treatment and care
- Awareness

(taken from Healthwatch Luton Report 'Hearing Young People in Luton')

Luton Clinical Commissioning Group collaboration:

- Requests to share information
- Assist create a YP friendly questionnaire or survey
- Promotion of survey

'Healthwatch Luton's Youth Forums were so informative, as I am learning new information that helps me know how to help people'



Healthwatch Luton : Luton Young Persons Event

From a survey to a full scale event

Healthwatch Luton aims:

- Have young people's voices heard
- Share health and social care offer with young people
- Greater understanding of health and social care
- Networking of professionals

Luton Clinical Commissioning Group aims:

- Making safeguarding personal
- Understanding what young people of Luton feel of their town
- Communicating with the young people

Additional aims:

- Showcase the talents of the young people of Luton



Healthwatch Luton : Luton Young Persons Event

In excess of 100 people were spoken to during the afternoon event

Professionals: Opened by Jenni Russell - Deputy Director of Nursing and Quality
Luton Mayoress attended
A mixture of statutory and voluntary services
Luton Council of Faiths Peace Walk

Attendees: Aimed at young but no barriers to prevent others getting involved

Set up: Three tents/stages
Survey - stamp collection
Free refreshments
Festival pack
Photo booth



Healthwatch Luton : Luton Young Persons Event

The completed questionnaires provided answers for LCCG and HWL

Questions asked:

- Do you think you know enough about the health services that are available to you?
- If you needed social care services, do you know how to access them?
- What would you do if you felt low?
- What concerns you about your safety in Luton?
- What do concerns about 'safeguarding' mean?
- What services are you registered with?
- Which of the following are 'risky behaviours'?
- What would you like to see in Luton?

Professionals feedback: Professionals found the event useful and positive

'This is a much-needed event for the public in Luton'

'We found today invaluable as we were able to speak with people we wouldn't normally reach'

'Looking forward to the next one!'

'I liked learning about the other organisations in Luton. I definitely think this is the start of something big'



Healthwatch Luton : Luton Young Persons Event

Outcomes and Impact

- Young people were aware of 'safeguarding' and the importance of 'making it personal'
- Young people of Luton were able to share their talents
- Local organisations and providers were able to raise awareness of their services and how to access them to the people of Luton
- Organisations were able to network with one another
- Health and wellbeing service providers and organisations known to young people and their families within Luton
- Integration of people within Luton
- Youth Commissioners at LCCG



Healthwatch Luton : Luton Young Persons Event

Recommendations were made to all providers of health and social care when working on, commissioning or running services for young people

General recommendations:

- Develop relationships with youth organisations
- Co-produce with voluntary sectors or community groups

Knowing health services available:

- Share health and social care offer with young people
- More appropriate toolkits available to assist with interactions

Knowing about housing and social care:

- Social care services need to be promoted to young people
- Use young people forums/groups to involve young people in consultations

Knowing mental health wellbeing services:

- Create somewhere for young people to talk
- Voluntary and statutory organisations work together to promote services

Knowing how to be safe:

- Make Luton a safer place for all those in the town
- Larger campaign so young people know where to go
- Ensure young people know how to address safeguarding issues



Healthwatch Luton : Luton Young Persons Event

Healthwatch Luton have a short video to share with you some snippets of the event

<https://youtu.be/rHrOwR69e2A>

'The CCG learnt the importance of working together, having a good consultation, using local skills and working with services like Healthwatch'

Pat Oparah, LCCG

Any questions?



“

Emotional Wellbeing

Northamptonshire

”

Why we did it

- Children's STP work stream
- Mental Health set as a priority for Young Healthwatch by Young Healthwatch



How we did it

- Young Healthwatch designed the survey
- Online and paper versions
- Contacted schools and youth groups
- Social media campaign



**Young
healthwatch**
Northamptonshire

Did you know?

The emotional wellbeing of young people is just as important as their physical health, it allows children and young people to develop ways to cope with whatever life throws at them and grow into well-rounded, healthy adults.



How we did it

- Worked with a local youth worker and artist
- Attended events in the community where young people would be
- 749 young people completed the survey



What made the difference

- Diversity
- What was going to be done with the data
- Working with partners
- Going in to schools

**Young
healthwatch**
Northamptonshire



The change

- Young Healthwatch have a seat on the Children's STP Board
- Further work with NHS England
- Fed in to the Future in Mind refresh
- Young people know that they can have a voice



Table top exercises



Evaluation and close

